Lisepten™

Lichen Sclerosus is a rather rare and uncommon skin condition that creates a discoloration of the skin. The area that becomes affected becomes whitish, patchy and can very itchy. Over time, the affected area of skin will become thinner. If left untreated, lichen can lead to other complications such as infections. While many don't need medical treatment, most people need some form of treatment to help relieve the pain and itch.

Due to the fact that Lichen (LS) is considered an autoimmune condition, when it clears up, it most likely will return at some point. Lichen is apt to remain dormant for periods of time and then resurface. It can resurface when your body is under stress or when your body is sick. Even the flu can trigger an autoimmune response. Autoimmune diseases such as Lichen Sclerosus will need life long treatment.

Lichen Sclerosus can affect anyone at any age. Lichen can appear as a girl goes into puberty. Research suggests that the hormones that peak during this time could be responsible.

Women that are going through menopause or post menopausal years are more often diagnosed with Lichen Sclerosus (LS). It can, however, affect anyone, including men. It also can happen at any age. Hormone seem to play an active role in developing this skin condition. It can involve any area of skin, but is very often seen in the genitalia area.

In menopausal women, it usually affects the vaginal area. The skin in and around the area becomes itchy, and sore. Lichen presents itself with yeast infection like symptoms. The only difference is the vagina turns a whitish color. It is important to keep the area clean at all times. If lichen is left untreated, the white patches can turn to blisters, and become sore and possibly infected. Lichen Sclerosus is not contagious and will not be passed during sex. About 3% of lichen cases of the mucous areas can become squamous cell carcinoma. It is very important to have your lichen checked regularly by your doctor to watch for changes in the cells.

Men who get lichen are usually uncircumcised. It affects the area around the foreskin. In both men and women it can also affect the anus. Again, it is important to keep the area clean during treatment.

Other Factors That May Contribute To Getting Lichen Sclerosus
Some research has suggested that Lichen Sclerosus can also be caused by certain types of infections. This is especially true when the lichen attacks skin other than the genital area.

Other studies suggest that there could be a genetic predisposition. Women who get it could have been passed down the gene from their mother. This is especially true when an infant is diagnosed with Lichen Sclerosus. There has been evidence that LS can be associated with thyroid disease. Those who acquire Hashimoto's Thyroiditis, another auto immune disease can be susceptible to getting LS as well. When one auto immune disease invades the body, it makes the body an easy mark for others.

While many don't have any symptoms at all, the majority of people who develop Lichen Sclerosus with have all or some of the following symptoms:

- White, patchy areas instead of pink skin tissue.
- Itching. Itching can be mild to severe.
- When LS presents near or around genital area, there can be mild to severe discomfort of the skin tissues.
- The skin will bruise easily. If the LS is located in the genital region, the skin can tear easily.
- Severe cases of lichen sclerosus can cause lesions that bleed and become infected.
- If the lichen sclerosus is in the genital area, intercourse can become painful.

The herbal compound in Lisepten is designed to assist in healing the symptoms brought on by LS It will not cure it. It helps with the pain, inflammation, and itch associated with LS.

Directions for Use: Wash area well. Apply a fair amount to the area. Lisepten can be applied after urination and wiping. Please wash area each time you apply Lisepten. Lisepten can be used daily up to 6 times a day if needed. Results can take up to 4-6 weeks. Each person is different.

If you have any questions about Lisepten, please email us at store@lisepten.com.

You can review this information on Lichen Sclerosus, please visit Lisepten.com

Mfg & Dist by Cloverleaf Farm Lisepten.com

The Herbs We Use And Why

Comfrey- (Symphytum officinale) is used for it's tissue healing benefits. Comfrey, also known as knit bone, helps to "knit" the damaged cells back together. Comfrey helps heals wounds in short time. The wounded area must be clean, as comfrey works fast. If the area is dirty, infection can start as the germs are trapped inside. Comfrey is an emoillent herb, and helps to form a protective layer so skin can heal.

Calendula (Calendula officinalis) is the best herb to have for skin conditions. It is antibacterial, anti-fungal, and antiseptic. It's wound healing properties helps to fight skin infections.

Chickweed (Stellaria media) Helps to reduce the itch that is associated with Lichen Sclerosis. Chickweed helps to stop the itch in just minutes.

Lavender (Lavendula Angustifolia) Wound healer. Lavender helps to heal wounds safely. Lavender acts as an anti-bacterial, and antiseptic agent.

Red Clover (Trifolium pratense) is used as a topical anti-inflammatory. It helps heal wounds, and has some phyto estrogen effects. This has been shown to help heal lichen in menopausal women.

Plantain (Plantago major) is a wonderful herb to help stop the itch on skin. It's chemical herbal properties stop the itch of lichen if used regularly.

Witch Hazel-(Hamamelis virginian) is an astringent, and will help dry the skin, without over drying. It also acts as a protection against getting infections.

Do not use if allergic to the daisy family of plants. Do not use if allergic to any ingredients. Avoid if estrogenic cancer is present. Do not ingest. Use with supervision if using on children. This product is made with oils, and will stain clothing. A pad or other protection is advised. Made using nut oils unless jojoba formula is used.
As with any condition, it is best to contact a doctor for a proper diagnosis. If complications arise at any time, see a doctor. LS does mimic other conditions. A biopsy is the only true form of diagnosis.

The information and statements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease. You should not use the information contained herein for diagnosing or treating a health problem or disease, or for prescribing any medication. If you have or suspect a medical problem, promptly contact your health care provider. Items are intended for external use unless otherwise stated.